

## IPF World Powerlifting Records 女子世界紀錄

| <b>WOMEN Senior</b>             |                        |             |            |            |             |             |                     |
|---------------------------------|------------------------|-------------|------------|------------|-------------|-------------|---------------------|
| <b>class</b>                    | <b>name</b>            | <b>born</b> | <b>nat</b> | <b>bwt</b> | <b>mark</b> | <b>date</b> | <b>location</b>     |
| <b>SQUAT</b>                    |                        |             |            |            |             |             |                     |
| <u>44kg</u>                     | Wei-Ling Chen          | 1982        | TPE        | 43.80      | 171.5       | 27.05.2005  | Ylitornio FIN       |
| <u>48kg</u>                     | Olesia Lafina          | 1979        | RUS        | 48.00      | 200.0       | 23.05.2003  | Chicago USA         |
| <u>52kg</u>                     | Olesia Lafina          | 1979        | RUS        | 51.50      | 227.5       | 10.05.2006  | Prostejov CZE       |
| <u>56kg</u>                     | Inna Filimonova        | 1976        | RUS        | 55.80      | 222.5       | 23.05.2003  | Chicago USA         |
| <u>60kg</u>                     | Eleonora Makhpirova    | 1986        | KAZ        | 59.40      | 225.0       | 04.09.2007  | La Garde FRA        |
| <u>67.5kg</u>                   | Galina Potselueva      | 1980        | RUS        | 67.30      | 252.5       | 16.10.2007  | S 關 den AUT         |
| <u>75kg</u>                     | Yuliya Zaugolova       | 1981        | RUS        | 74.70      | 270.0       | 12.05.2006  | Prostejov CZE       |
| <u>82.5kg</u>                   | Svetlana Dedyulya      | 1975        | RUS        | 82.30      | 260.0       | 12.05.2006  | Prostejov CZE       |
| <u>90kg</u>                     | Jessica ODonnell       | 1980        | USA        | 89.50      | 271.0       | 13.07.2007  | Saint Louis USA     |
| <u>90+kg</u>                    | Galina Karpova         | 1968        | RUS        | 123.45     | 305.0       | 16.07.2005  | Duisburg GER        |
| <b>BENCH PRESS (Three-Lift)</b> |                        |             |            |            |             |             |                     |
| <u>44kg</u>                     | Rika Miura             | 1982        | JPN        | 43.75      | 97.5        | 19.06.2005  | Utsunomiya JPN      |
| <u>48kg</u>                     | Yukako Fukushima       | 1970        | JPN        | 46.60      | 131.0       | 03.11.2008  | St. Johns CAN       |
| <u>52kg</u>                     | Olesia Lafina          | 1979        | RUS        | 51.50      | 135.0       | 10.05.2006  | Prostejov CZE       |
| <u>56kg</u>                     | Anna Olsson            | 1974        | SWE        | 55.25      | 136.0       | 04.03.2006  | Br 寮 anda SWE       |
| <u>60kg</u>                     | Irina Poletaeva        | 1982        | RUS        | 59.30      | 155.0       | 16.10.2007  | S 關 den AUT         |
| <u>67.5kg</u>                   | Larysa Solovyova       | 1978        | UKR        | 66.56      | 163.5       | 05.11.2008  | St. Johns CAN       |
| <u>75kg</u>                     | Svetlana Dedyulya      | 1975        | RUS        | 74.80      | 180.0       | 24.05.2003  | Chicago USA         |
| <u>82.5kg</u>                   | Svetlana Dedyulya      | 1975        | RUS        | 81.45      | 200.0       | 27.11.2005  | Orozhasa HUN        |
| <u>90kg</u>                     | Ielja Strik            | 1973        | NED        | 87.77      | 182.5       | 22.07.2006  | Hamm LUX            |
| <u>90+kg</u>                    | Hildeborg Juvet Hugdal | 1983        | NOR        | 121.75     | 193.0       | 10.11.2006  | Stavanger NOR       |
| <b>DEADLIFT</b>                 |                        |             |            |            |             |             |                     |
| <u>44kg</u>                     | Wei-Ling Chen          | 1982        | TPE        | 43.70      | 175.0       | 23.05.2003  | Chicago USA         |
| <u>48kg</u>                     | Wei-Ling Chen          | 1982        | TPE        | 46.70      | 185.0       | 15.10.2007  | S 關 den AUT         |
| <u>52kg</u>                     | Diana Rowell           |             | USA        | 51.20      | 197.5       | 28.01.1984  | Austin USA          |
| <u>56kg</u>                     | Carrie Boudreau        | 1967        | USA        | 54.90      | 222.5       | 21.07.1995  | Baton Rouge USA     |
| <u>60kg</u>                     | Maria Revva            | 1977        | RUS        | 59.90      | 227.5       | 04.06.2004  | Cahors FRA          |
| <u>67.5kg</u>                   | Priscilla Ribic        | 1972        | USA        | 67.30      | 252.5       | 08.08.2007  | S 綉 Paulo BRA       |
| <u>75kg</u>                     | Elena Zhukova          | 1972        | UKR        | 72.80      | 265.0       | 22.05.1999  | Thisted DEN         |
| <u>82.5kg</u>                   | Cathy Millen           | 1967        | NZL        | 81.80      | 257.5       | 25.07.1993  | The Hague NED       |
| <u>90kg</u>                     | Cathy Millen           | 1967        | NZL        | 88.40      | 260.0       | 28.05.1994  | Rotorua NZL         |
| <u>90+kg</u>                    | Katrina Robertson      | 1960        | AUS        | 119.50     | 263.5       | 06.12.1998  | Napier AUS          |
| <b>TOTAL</b>                    |                        |             |            |            |             |             |                     |
| <u>44kg</u>                     | Svetlana Tesleva       | 1975        | RUS        | 43.20      | 425.0       | 25.05.2000  | Pinamar ARG         |
| <u>48kg</u>                     | Yukako Fukushima       | 1970        | JPN        | 46.60      | 468.5       | 03.11.2008  | St. Johns CAN       |
| <u>52kg</u>                     | Olesia Lafina          | 1979        | RUS        | 51.50      | 507.5       | 10.05.2006  | Prostejov CZE       |
| <u>56kg</u>                     | Tatyana Eltsova        | 1978        | RUS        | 55.55      | 527.5       | 27.11.2004  | Trencin SVK         |
| <u>60kg</u>                     | Larysa Vitsyevska      | 1978        | UKR        | 59.70      | 582.5       | 27.11.2004  | Trencin SVK         |
| <u>67.5kg</u>                   | Priscilla Ribic        | 1972        | USA        | 65.90      | 630.0       | 11.12.2004  | King of Prussia USA |
| <u>75kg</u>                     | Yuliya Zaugolova       | 1981        | RUS        | 74.35      | 670.0       | 26.11.2005  | Orozhasa HUN        |
| <u>82.5kg</u>                   | Svetlana Dedyulya      | 1975        | RUS        | 82.30      | 690.0       | 12.05.2006  | Prostejov CZE       |
| <u>90kg</u>                     | Cathy Millen           | 1967        | NZL        | 88.40      | 682.5       | 28.05.1994  | Rotorua NZL         |
| <u>90+kg</u>                    | Galina Karpova         | 1968        | RUS        | 123.45     | 737.5       | 16.07.2005  | Duisburg GER        |

## IPF World Powerlifting Records 男子世界紀錄

| MEN Senior                      |                      |      |     |        |        |            |                  |
|---------------------------------|----------------------|------|-----|--------|--------|------------|------------------|
| class                           | name                 | born | nat | bwt    | mark   | date       | location         |
| <b>SQUAT</b>                    |                      |      |     |        |        |            |                  |
| <u>52kg</u>                     | Andrzej Stanaszek    | 1971 | POL | 50.00  | 300.5  | 05.11.2003 | Vejle DEN        |
| <u>56kg</u>                     | Magnus Carlsson      | 1967 | SWE | 55.70  | 287.5  | 14.11.1996 | Salzburg AUT     |
| <u>60kg</u>                     | Magnus Carlsson      | 1967 | SWE | 59.90  | 320.0  | 02.10.1999 | Malm?SWE         |
| <u>67.5kg</u>                   | Jaroslav Olech       | 1974 | POL | 67.50  | 340.0  | 11.11.2004 | Cape Town RSA    |
| <u>75kg</u>                     | Jaroslav Olech       | 1974 | POL | 74.50  | 360.0  | 05.11.2008 | St. Johns CAN    |
| <u>82.5kg</u>                   | Mike Bridges         | 1957 | USA | 82.50  | 379.5  | 10.07.1982 | Dayton USA       |
| <u>90kg</u>                     | Andrey Belyaev       | 1983 | RUS | 89.40  | 380.0  | 18.10.2007 | S 關 den AUT      |
| <u>100kg</u>                    | Ed Coan              | 1963 | USA | 99.40  | 423.0  | 18.11.1994 | Johannesburg RSA |
| <u>110kg</u>                    | Orhan Bilican        | 1978 | BEL | 108.20 | 418.0  | 23.05.2009 | Comines BEL      |
| <u>125kg</u>                    | Kirk Karwoski        | 1966 | USA | 121.45 | 455.0  | 23.07.1995 | Baton Rouge USA  |
| <u>125+kg</u>                   | Shane Hamman         | 1972 | USA | 169.40 | 457.5  | 10.03.1996 | Philadelphia USA |
| <b>BENCH PRESS (Three-Lift)</b> |                      |      |     |        |        |            |                  |
| <u>52kg</u>                     | Andrzej Stanaszek    | 1971 | POL | 50.00  | 182.5  | 05.11.2003 | Vejle DEN        |
| <u>56kg</u>                     | Konstantin Pavlov    | 1973 | RUS | 56.00  | 190.0  | 19.05.2005 | Hamm LUX         |
| <u>60kg</u>                     | Ayrat Zakiev         | 1981 | RUS | 59.71  | 210.0  | 19.05.2005 | Hamm LUX         |
| <u>67.5kg</u>                   | Ravil Kazakov        | 1982 | RUS | 67.20  | 232.5  | 10.11.2005 | Miami USA        |
| <u>75kg</u>                     | Toru Miyake          | 1985 | JPN | 74.20  | 253.0  | 07.06.2008 | Kobe City JPN    |
| <u>82.5kg</u>                   | Jan Wegiera          | 1965 | POL | 82.30  | 262.5  | 05.11.2008 | St. Johns CAN    |
| <u>90kg</u>                     | Andriy Krymov        | 1985 | UKR | 89.80  | 285.0  | 18.10.2007 | S 關 den AUT      |
| <u>100kg</u>                    | Ivan Freydnun        | 1981 | UKR | 99.05  | 291.5  | 08.05.2009 | Ylitornio FIN    |
| <u>110kg</u>                    | Orhan Bilican        | 1978 | BEL | 109.75 | 290.0  | 08.05.2009 | Ylitornio FIN    |
| <u>125kg</u>                    | Roy Holte            | 1970 | NOR | 123.20 | 326.0  | 07.06.2009 | Molde NOR        |
| <u>125+kg</u>                   | Brian Siders         | 1978 | USA | 152.50 | 352.5  | 02.12.2007 | Scranton USA     |
| <b>DEADLIFT</b>                 |                      |      |     |        |        |            |                  |
| <u>52kg</u>                     | E.S. Bhaskaran       | 1962 | IND | 52.00  | 256.0  | 01.12.1993 | J 霰 k 韃 ing SWE  |
| <u>56kg</u>                     | Lamar Gant           | 1957 | USA | 56.00  | 289.5  | 10.07.1982 | Dayton USA       |
| <u>60kg</u>                     | Lamar Gant           | 1957 | USA | 60.00  | 310.0  | 12.11.1988 | Perth AUS        |
| <u>67.5kg</u>                   | Jaroslav Olech       | 1974 | POL | 66.90  | 318.5  | 10.11.2005 | Miami USA        |
| <u>75kg</u>                     | Ismo Lappi           | 1973 | FIN | 74.70  | 340.0  | 16.11.2001 | Sotkamo FIN      |
| <u>82.5kg</u>                   | Veli Kumpuniemi      | 1934 | FIN | 82.40  | 357.5  | 17.05.1980 | Z ich SUI        |
| <u>90kg</u>                     | Walter Thomas        | 1945 | USA | 88.90  | 372.5  | 28.02.1982 | Shawnee USA      |
| <u>100kg</u>                    | Ed Coan              | 1963 | USA | 97.90  | 390.0  | 04.12.1993 | J 霰 k 韃 ing SWE  |
| <u>110kg</u>                    | John Kuc             | 1947 | USA | 110.00 | 395.0  | 11.11.1980 | Arlington USA    |
| <u>125kg</u>                    | Istvan Arvai         | 1972 | HUN | 123.32 | 397.5  | 14.11.2004 | Cape Town RSA    |
| <u>125+kg</u>                   | Tibor M 膺 z 嫗 os     | 1967 | HUN | 148.80 | 408.0  | 16.05.2004 | Nymburk CZE      |
| <b>TOTAL</b>                    |                      |      |     |        |        |            |                  |
| <u>52kg</u>                     | Sergiy Fedosienko    | 1982 | RUS | 51.56  | 665.0  | 10.11.2004 | Cape Town RSA    |
| <u>56kg</u>                     | Sergiy Fedosienko    | 1982 | RUS | 55.10  | 700.0  | 15.10.2007 | S 關 den AUT      |
| <u>60kg</u>                     | Bin Darimin Sutrisno | 1975 | INA | 59.85  | 743.5  | 02.05.2007 | Kaohsiung TPE    |
| <u>67.5kg</u>                   | Jaroslav Olech       | 1974 | POL | 67.50  | 832.5  | 11.11.2004 | Cape Town RSA    |
| <u>75kg</u>                     | Jaroslav Olech       | 1974 | POL | 73.60  | 882.5  | 06.05.2009 | Ylitornio FIN    |
| <u>82.5kg</u>                   | Mike Bridges         | 1957 | USA | 82.50  | 955.0  | 10.07.1982 | Dayton USA       |
| <u>90kg</u>                     | Andrey Belaev        | 1983 | RUS | 89.70  | 980.0  | 12.05.2006 | Prostejov CZE    |
| <u>100kg</u>                    | Ivan Freydnun        | 1981 | UKR | 99.60  | 1037.5 | 12.11.2005 | Miami USA        |
| <u>110kg</u>                    | Nikolay Suslov       | 1979 | RUS | 109.80 | 1060.0 | 12.11.2005 | Miami USA        |
| <u>125kg</u>                    | Yevgen Yarymbash     | 1983 | UKR | 123.80 | 1092.5 | 13.11.2005 | Miami USA        |
| <u>125+kg</u>                   | Brian Siders         | 1978 | USA | 152.50 | 1180.0 | 02.12.2007 | Scranton USA     |